United Wanderlust Wanderlust CHECKIST



	Clo	Clothing & Layering		Shelter & Sleeping	
		Base layers Mid-layers Outer shell Insulated jacket Waterproof gloves/mittens Warm hat Neck gaiter or balaclava Thermal socks Insulated and waterproof boots Hand and foot warmers	Sal	4-season tent Ground tarp or footprint Sleeping bag Sleeping pad Sleeping bag liner Pillow Fety & Navigation Map & compass or GPS	
	C. 0000	Gaiters Cookware Insulated thermos High-calorie, easy-to-cook meals		Headlamp with extra batteries First-aid kit Multi-tool or knife Whistle Firestarter Backup power bank Avalanche safety gear	
		Snacks Extra water bottles Collapsible sink & biodegradable soap Groceries list		Sentials Trekking poles Snowshoes or crampons Small shovel Foam pad or camp chair Trash bag Duct tape & repair kit	
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